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## Deliverable n. 4.1

# Evaluation tools for training and implementation

### ViDaCS - Violent Dad in Child Shoes

*Rights, Equality and Citizenship Programme  
Agreement number  
Project number 810449*

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## 1 Summary of report

The document describes the perceived satisfaction level of participants for the activities proposed in the three theoretical-experiential seminars carried out in WP 4, of which OLV and RIA are leading partners.

The self-report questionnaires, built ad hoc by the DSU, were administered at the end of each meeting.

The questionnaire, described in detail in the document, assesses the level of satisfaction perceived by the participants both with respect to the contents and acquired competences, but also a self-observation of the own modalities of participation to the proposed group activities and the difficulties felt with respect to the themes and the ties perceived.

In this phase of the life of the project, the document contains only the tool for the evaluation training and its results.

The document includes:

- ) Description of the training self-assessment questionnaire;
- ) Analysis and Results of the satisfaction level for each theoretical-experiential seminar;
- ) Conclusions and final comments;
- ) Annex 1- Format self-report questionnaire in Italian language

## 2 Description of the training self-assessment questionnaire

The training self-assessment questionnaire measures the level of satisfaction with respect to 4 specific sections, each of which explores a specific area.

The questionnaire is divided into:



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## **SOCIO-DEMOGRAPHIC SECTION**

In this section are included items related to: age, gender, professional role and professional experience in the management and intervention in intimate partner violence.

### **SECTION A**

Five items measure the level of satisfaction and perception of new skills acquired.

### **SECTION B**

Eight items are related to a self-observation of own participation levels during the seminar's activities.

### **SECTION C**

Four open questions are related to the experience of musicotherapy and the arguments that are considered useful and to be deepened in the work with intimate partner violence.

## **3 Analysis and Results of the satisfaction level**

In this section, the satisfaction level collected for the proposed activities will be detailed for each seminar.

### **3.1. Level of satisfaction for the 1st Theoretical - experiential Seminar "Un Attimo prima" - 4th September OLV - ASL Na 1 Centro**

Thirty people participated (89.2% female 10.8% male, mean age 36.4). As reported in Table 1, the participants were professionals and trainees who carry out their activities in health services (42.9%), in local services (21.4%) and in university institutions (21.4%). The organizations where the



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participants carry out their professional activities are mainly located in the city of Naples (71.4%). Participants are educators, postgraduate trainees in psychology, nurses, psychologists.

The participants declare to have experience in the field of management and intervention of intimate partner violence, from less than a year to a maximum of 12 years (average of years of experience: 5.3 years).

Most of the participants have experience of teamwork and adopt as a theoretical and application model for intervention, in cases of violence, the systemic approach.

The participants are partially satisfied and totally satisfied for the proposed topic and the acquisition of knowledge and new skills that they will be able to apply in their intervention for intimate partner violence.

Furthermore, the seminar has allowed to acquire a new awareness of their emotions regarding the intimate partner violence for the totality of the participants (See Table 2).

**Table 1.** *Socio-demographic data and professional experience in intimate partner violence*

Participants	%
Age	36.4
Sex	10,8% Male - 89.2 Female
Organization / service where the participant carries out his professional activity	42.9 Asl 21.4 Territorial Services 21.4 University 14.3 Abstained
Municipality where the organization/service is located	74 Napoli 26 Abstained
Professional role in the organization/service	6.7 Educator 23.2 Trainees 53.4 Psychologist 10 Nurses 6.7 Students
Years of professional experience in intimate partner violence	Mean 5,3 range less than one year - 12 years
Experience in teamwork	14.3 No 35.7 Abstained



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	50 Yes
Other Professional of teamwork	50 Psychologists 7.1 Lawyers 21.4 Social workers 7.1 Psychiatrist 7.1 Educator 7.3 Abstained
Theoretical and application model used for intervention	64.2 Systemic approach 21.6 Psychodynamic approach 7.1 Integrative approach 7.1 Empathic listening of the psychiatric patient with attention to health and self-care

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**Table 2.** *Level of satisfaction for the activities realized and the knowledge acquired*

	STONGLY DISAGREE	PARTIALLY DISAGREE	STRONGLY AGREE
I am satisfied		50%	50%
I consider useful the contents proposed		42.8%	57,2%
I Acquire new knowledge		57,2%	42.8%
I Acquire new competenze	7.2%	64.23%	28.57
I increase my awareness of emotions related the issue of intimate partner violence			100%

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Most of the participants have actively discussed both with the trainers (76.58%) and with the other participants (91.7%); they have carried out the proposed activities without the need of particular support from the trainers (76.4%). (See Table 3 and 4)

Relatively the issues discussed, all the participants expressed their satisfaction.

59.3% of the participants have felt a sense of discomfort with respect to the themes dealt with.

Regarding the music therapy experience, most of the interviewees stated that they felt discomfort (76.58%), moreover the participants are distributed equally between those who feel satisfied and those who do not feel satisfied by the music therapy meeting. (See Table 3 and 4).



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**Table 3.** *Self-observation of own modality of participation to the activities*

	YES	NO
I have actively discussed with the trainees	76.58%	23.42%
I interacted with the participants during the seminar	91.7%	8.3%
I felt uncomfortable with the proposed music session stimuli	23.42%	76.58%
I felt satisfaction with the proposed music session stimuli	50%	50%

**Table 4.** *Evaluation of the issue proposed*

	YES	NO
I have had some difficulties with the topics addressed in the seminar	25.42%	74.58%
I felt discomfort for some arguments discussed	40.7%	59.3%
I need support for the activities proposed	23.52%	76.48%
I appreciated what was discussed during the seminar	92.8%	7.2%

Following the results of the content analysis of the textual data obtained by the section C.

The data are related to the usefulness of the contents discussed and its application in their professional activities and the suggestions of issue to be deepened in the work with intimate partner violence.

**a) What do you take with you of this meeting?**

A part of the participants declares to be struck by the beauty and evocative power of music, as a vehicle of expression and reports to be fascinated by how music therapy has facilitated group work.

Participants also declare that dealing with emotionally difficult issues was possible thanks to expressive tools such as music therapy, thus allowing greater awareness and reflection on emotions.

Some of the participants declare that they have acquired greater awareness of the importance of constant networking among the various professionals. It can create a safety net, capable of helping both the victim and the perpetrator of violence.

Some of them have highlighted the importance of networking, which offers a sense of cohesion and protection.



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**b) Thinking about the topics addressed what will you do to use what you have learned?**

The participants declare that some discussed topics have left a sense of disorientation and difficulty to integrate what they have learned in their intervention protocol.

**c) What topics would you like to further deepen?**

Participants declare that they are interested in studying the aspects concerning the perpetrator. Some of them report to be interested in exploring dysfunctional dynamics and in understanding the lives of people who cause violence.

The participants are most interested in the role of the effect of domestic violence on children from a cognitive-physical and behavioral point of view.

**d) What did you learn from the music therapy experience?**

The participants say that the rhythm helps to get in touch with the emotions and the diversity of the points of view of others.

Music therapy has made us more aware of how, in the management of the Intimate Partner Violence, the operators act in an isolated way, and how, instead, it is important to work in group.

The music therapy session allowed us to share a group experience and to highlight how important networking is in working with victims of violence, perpetrator of violence and children witnessing of domestic violence.

Music therapy, for some participants, highlighted the importance of listening, the value of silence and the way in which each one reads a specific experience.



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### 3.2. Level of satisfaction for the 2nd Theoretical – experiential Seminar “Un Attimo prima” – 10th September OLV – ASL Na 1 Centro

Thirty people participated (7.7% female -88.5% male, mean age 37.1). As reported in Table 5, participants were mainly psychologists.

The participants declare to have experience in the field of management and intervention of intimate partner violence, from less than a year to a maximum of 23 years (average of years of experience 10.25 years).

Most of the participants (84.6%) have experience of teamwork and adopt as a theoretical and application model for intervention, in cases of violence, the systemic approach (20.23%).

The participants are partially satisfied and totally satisfied for the proposed arguments and the acquisition of knowledge and new skills that they will be able to apply in their intervention for intimate partner violence, even if some participants were not satisfied.

Furthermore, for the totality of the participants the seminar has allowed to acquire a new awareness of their emotions regarding the intimate partner violence (See Table 6).

**Table 5.** *Socio-demographic data and professional experience in intimate partner violence*

Participants	
Age	Mean 37.1
Sex	7.7 Male - 88.5 Female - 3.8 Abstained
Organization / service where the participant carries out his professional activity	48.7 Asl 41.2 Territorial Services 10.1 University
Municipality where the organization/service is located	86.6 Napoli 13.4 Abstained
Professional role in the organization/service	16,4.% Educator 35,6% Trainees 35,5% Psychologist/Psychoterapist 12,5% Nurses
Years of professional experience in intimate partner violence	Mean 10.25. range less one year - 23years



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Experience in teamworking	7.7 No 7.7 Abstaineds 84.6 Yes
Other Professional in the team	57.2 Psychologists 2.5 Lawyers 40.3 Social workers
Theoretical and application model used for intervention	20.23 Systemic approach 16.3 Psycodinamic approach 16.3 Psychoanalytic approach 3.8 Post traumatic approach 3.8 Cognitive behavioral approach 38.57 Abstained

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**Table 6.** *Level of satisfaction for the activities realized and the knowledge acquired*

	STONGLY DISAGREE	PARTIALLY DISAGREE	STRONGLY AGREE
I am satisfied	7.7%	34.6%	57.7%
I consider useful the contents proposed	3.8%	38.5%	57.7%
I acquired new knowledge	7.7%	46.15%	46.15%
I acquired new competencies	15.3%	53.9%	30.8%
I increase my awareness of emotions related to intimate partner violence	3.8%	34.6%	61.6%

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Most of the participants have actively discussed both with the trainers (84.6%) and with the other participants (88.46%); they have carried out the proposed activities without the need of particular support from the trainers (96.15%). (See Table 7 and 8)

Relatively the issues discussed, all the participants expressed their satisfaction.

88.47% of the participants have felt a sense of discomfort with respect to the themes dealt with.

Regarding the music therapy experience, most of the interviewees stated that they felt discomfort (80.77%) for themes and effects produced by the music therapy.

**Table 7.** *Self-observation of own modality of participation to the activities*

	YES	NO
I have actively discussed with the trainers	84.6%	15.4%



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I interacted with the participants during the meeting	88.46%	11.54%
I felt discomfort with the proposed music session	19.23%	80.77%
I felt satisfaction with the proposed music session	92,3%	7.7%

**Table 8.** *Evaluation of the issue proposed*

	YES	NO
I have had some difficulties with the topics addressed in the meeting	15.3%	84.7%
I felt discomfort for some arguments discussed	11.53%	88.47%
I need support for the activities proposed	3.85%	96.15%
I appreciated what was discussed during the meeting	100%	

Following the results of the content analysis of the textual data obtained by the section C.

The data are related to the usefulness of the contents discussed and their application in their professional activities and to the issues to be deepened in the work with intimate partner violence.

**a) What do you take with you of this meeting?**

The participants declare that they feel enriched by new points of reflection, mutual listening and the possibility of translating their emotions through an alternative communication code. Some of them say that music makes it easier to access the emotional world.

From the answers we can see the initial difficulty of participants of putting themselves in the shoes of men perpetrators of violence. They declare that music therapy facilitates the access to a more intimate personal dimension.

For other participants the awareness of how unpleasant and difficult it is to deal with the issue of violence emerges, in particular in putting oneself in the shoes of the author of violence.

Many of them believe they have become more aware of their own ways of defensiveness and distancing themselves from all that is distressing and frightening.



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**b) Thinking about the topics addressed, what will you do to use what you have learned?**

The participants declare that the acquired competences can be spent in the intervention work in the cases of Intimate Partner Violence and in particular with the perpetrator.

The participants report that the competence they have acquired during the seminar is to stimulate work on the emotional aspects of the perpetrator, to motivate and help them to express thoughts, feelings and emotions.

**c) What topics would you still like to investigate further?**

The participants would like to learn more about:

- a) the clinical diagnosis of the perpetrator of violence;
- b) the relationship between violent people and people who suffer violence and the male point of view;
- c) how to intervene in family contexts, how empathy can be facilitated among the various family members;
- d) strategies to stimulate change in a violent person or in a violent group of people.

**d) What did you learn from the music therapy experience?**

Participants say about the music therapy session:

- music therapy is a useful tool in the management and intervention with the perpetrators of violence as well as with the victim to facilitate the expression of their own emotional experiences;
- music therapy has allowed us to become more aware of the differences in emotions that listening to a single track can generate different emotions;
- music therapy has made it possible to work on one's emotional experiences linked to Intimate Partner Violence, facilitating, at the same time, the confrontation among group members;
- expressive activities, such as music therapy, is an effective tool for approaching traumatic experiences.



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### 3.3. Level of satisfaction for the 3rd Theoretical – experiential Seminar “Un Attimo prima” – 27th September OLV – ASL Na 1 Centro

Thirty people participated. Table 9 reported professionals and trainees who carry out their activities in health services, in local services and in university institutions. The organizations where the participants carry out their professional activities are mainly located in the city of Naples. Participants were mainly psychologists.

The participants declare to have experience in the field of management and intervention of intimate partner violence, from less than a year to a maximum of 30 years (average of years of experience 9.77 years).

Most of the participants have experience of teamwork and adopt as a theoretical and application model for intervention, in cases of violence, the systemic approach.

The participants are quite satisfied and much satisfied for the proposed arguments and the acquisition of knowledge and new skills that they will be able to apply in their intervention for intimate partner violence, even if some participants were not satisfied.

Furthermore, for the totality of the participants the seminar has allowed to acquire a new awareness of their emotions regarding the intimate partner violence (See Table 10).

**Table 9.** *Socio-demographic data and professional experience in intimate partner violence*

Participants	%
Age	38.4
Sex	5.3 Male - 94.7 Female
Organization / service where the participant carries out his professional activity	62.6 Asl 28,1 Territorial Services 9.3 University
Municipality where the organization/service is located	76.6 Napoli 23.1 Abstained
Professional role in the organization/service	12.7 Social workers 41.5 Trainees 33.7 Psychologist/Psychoterapist 12.1 Abstained
Years of professional experience in intimate partner violence	Mean 9.77 range less one year - 30 years
Experience in teamwork	15.4 No



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	31 Abstaineds 53.6 Yes
Other Professional in the team	43.6 Psychologists 7.9 Lawyer 25.7 Social workers 22.8 Health professionis
Theoretical and application model used for intervention	15.4 Systemic approach 15.4 Psychoanalytic approach 5.2 Post traumatic approach 5.2 Social and clinic approach 5.2 Integrative approach 53.6 Abstained

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**Table 10.** *Level of satisfaction related to the activities realized and knowledge acquired*

	STONGLY DISAGREE	PARTIALLY DISAGREE	STRONGLY AGREE
I am satisfied		26.3%	73.7%
I consider useful the contents proposed	8.55%	27.3%	64.15%
I Acquire new knowledge		47.4%	52.6%
I Acquire new competences	15.8%	47.4%	36.8%
I increase my awareness of emotions related to intimate partner violence	15.84%	5.26%	78.9%

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Most of the participants have actively discussed both with the trainers and with the other participants; they have carried out the proposed activities without the need of particular support from the trainers (See Table 11 and 12).

Relatively the issues discussed, all the participants expressed their satisfaction; only few of the participants have felt a sense of discomfort with respect to the themes dealt with.

Regarding the music therapy experience, most of the interviewees stated that they felt discomfort in relation to the themes that emerged with music therapy stimuli.



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**Table 11.** *Self-observation of own modality of participation to the activities*

	YES	NO
I have actively discussed with the trainees	78.95%	21.05%
I interacted with the participants during the meeting	80.89%	9.11%
I felt discomfort with the proposed music session	31.57%	68.43%
I felt satisfaction with the proposed music session	84.2%	15.8%

**Table 12.** *Evaluation of the proposed issues*

	YES	NO
I have had some difficulties with the topics addressed in the meeting	36.85%	63.15%
I felt discomfort for some arguments discussed I need support for the activities proposed	36.85%	63.15% 100%
I appreciated what was discussed during the meeting	100%	

Following the results of the content analysis of the textual data obtained by the section C.

The data are related to the usefulness of the content discussed and its application in their professional activities and the suggestions of issue to be deepened in the work with intimate partner violence.

**a) What do you take with you after this meeting?**

Many participants declare to feel a sense of expectation and suspension. The issue of violence is approached with caution. They report that immersing themselves in child's shoes makes them feel tired and full.

Another part of the participants feels a greater awareness of the topics dealt with, others, instead, feel struck by the tenderness of the testimonies.

**b) Thinking about the topics addressed, what will you do to use what you have learned?**

The participants declare that what they have acquired allows them to have a greater capacity for listening and higher levels of awareness.



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**c) Which topics or aspects would you like to learn more about?**

The participants declare that they want to deepen the therapeutic approach and the taking charge of men perpetrator of violence and report that they are more interested in the process that leads the authors of violence to acquire awareness.

**d) What did you learn from the experience of music therapy?**

The participants declare that the experience of music therapy has allowed them to build a space to listen and interact with the other, feeling welcomed.

Some of them have noticed the difficulty of paying attention to children and empathizing with them, recognizing music therapy as a different and creative tool that facilitates access to painful experiences. Music becomes an instrument by which to detect and capture the incommunicability of pain.



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## 4. Conclusion

Addressing the issues of violence by entering into the shoes of perpetrators of violence is for the operators emotionally difficult; it needs to face the prejudices that they also have on the reasons why the perpetrators of violence perform violent acts; infact, they imagined the perpetrators as people unable to manage anger.

Furthermore, identifying oneself in the shoes of the violent allowed them the understanding of what happen in them.

Therefore, the personnel destructured the motivations that can induce to carry out violent acts. Furthermore, they made a reflection on the oppressed-oppressor, perpetrator-victim dynamics.

According to the given self observations, we can then assume that the training was effective as tool to enter in the shoes of the perpetrator, but at the same time it allowed the personnel and all participants to enter in their own shoes when facing domestic and assisted violence.

Participants showed good levels of participation and reflexive skills. Specifically, the themes that were transversal to all groups referred to the observational method operators use, which is at the intersection of two dimensions – the professional and the personal ones.

The emotions that mainly characterized the work with all groups were anger, powerlessness and anguish aroused by the situations of assisted violence.

What emerged from the groups highlights the significance of a network work to handle the gender violence phenomenon, which has different characterizing aspects and involves various social actors.

At the end of the meetings, the participants asked for more meeting opportunities, to have the chance to use more techniques, and for protocols aimed at leading the interventions against gender violence and the network among the operators.



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## ANNEX 1 - QUESTIONARIO DI SODDISFAZIONE

**1. Cosa porti con te di questo incontro?**

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**2. Pensando ai temi affrontati cosa farai per utilizzare quanto appreso?**

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**3. L'incontro a cui hai preso parte in che misura ti ha consentito di (considera che 1 corrisponde a poco e 3 a molto)**

	1	2	3
Sentirti soddisfatto			
Reputare utile i contenuti affrontati			
Acquisire nuove conoscenze			
Acquisire nuove competenze			
Acquisire maggiore consapevolezza delle emozioni relative al tema affrontato			

**4. Quali argomenti o aspetti vorresti ancora approfondire?**

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**5. Dall'esperienza di musicoterapia cosa hai appreso?**

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### Auto-osservazione dei comportamenti assunti durante le attività di gruppo

	SI	NO
Ho discusso con i referenti in modo attivo		
Ho interagito con gli partecipanti durante l'incontro		
Ho avvertito disagio rispetto agli stimoli musicali proposti		
Ho sentito soddisfazione rispetto agli stimoli musicali proposti?		

	SI	NO
Ho avvertito delle difficoltà rispetto agli argomenti affrontati nell'incontro		
Ho avvertito sconforto rispetto ai temi trattati		
Ho richiesto supporto per lo svolgimento delle attività proposte		
Ho apprezzato quanto affrontato durante l'incontro		



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### Dati relativi al partecipante

Età: \_\_\_\_\_

Sesso:  Maschio  Femmina

### Organizzazione/Servizio presso il quale svolge la sua attività professionale

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In quale Comune si trova l'organizzazione per la quale svolge la sua attività?

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Qual è il suo ruolo nell'ambito dell'organizzazione?

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Da quanti anni svolge interventi per situazione caratterizzate da violenza?

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Lavora in equipe? Si No

Se si, da quali professionisti è costituita?

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A quale modello fa riferimento per svolgere la sua attività?

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